

Outlook



Good morning and welcome to Eastleigh Parish Church! Ian & Sue (our Vicar & his wife) have just returned from their sabbatical and before we go any further they want to say to a **HUGE** 'thank you' to everyone who has worked so hard to build up and encourage this parish church in their absence.

Seeing all that you have done and all that God has done through you all these past months is very encouraging indeed. Praise God, and thank you!

We return this morning to our "*Summer of Psalms*" - and we continue this year's theme of "*Jesus in the Psalms*". The Psalms contain vivid descriptions of the highs & lows of human experience - but they also contain some very profound insights into who Jesus is and why he had to die and rise again. All of the psalms chosen for this summer will help us see Jesus in the Psalms.

A Collect for this Week

O God, you declare your almighty power most chiefly in showing mercy and pity: mercifully grant to us such a measure of your grace, that we, running the way of your commandments, may receive your gracious promises, and be made partakers of your heavenly treasure; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.



Psalm 22

*For the director of music. To the tune of 'The Doe of the Morning'.
A psalm of David.*

1 My God, my God, why have you
forsaken me?
Why are you so far from saving me,
so far from my cries of anguish?
2 My God, I cry out by day, but you
do not answer,
by night, but I find no rest.
3 Yet you are enthroned as the Holy
One;
you are the one Israel praises.
4 In you our ancestors put their trust;
they trusted and you delivered
them.
5 To you they cried out and were
saved;
in you they trusted and were not
put to shame.
6 But I am a worm and not a man,
scorned by everyone, despised by
the people.
7 All who see me mock me;
they hurl insults, shaking their
heads.
8 'He trusts in the Lord,' they say,
'let the Lord rescue him.
Let him deliver him,
since he delights in him.'
9 Yet you brought me out of the
womb;
you made me trust in you, even at
my mother's breast.

10 From birth I was cast on you;
from my mother's womb you have
been my God.
11 Do not be far from me,
for trouble is near
and there is no one to help.
12 Many bulls surround me;
strong bulls of Bashan encircle me.
13 Roaring lions that tear their prey
open their mouths wide against
me.
14 I am poured out like water,
and all my bones are out of joint.
My heart has turned to wax;
it has melted within me.
15 My mouth is dried up like a
potsherd,
and my tongue sticks to the roof of
my mouth;
you lay me in the dust of death.
16 Dogs surround me,
a pack of villains encircles me;
they pierce my hands and my feet.
17 All my bones are on display;
people stare and gloat over me.
18 They divide my clothes among
them
and cast lots for my garment.
19 But you, Lord, do not be far from
me.
You are my strength; come quickly
to help me.

20 Deliver me from the sword,
my precious life from the power of
the dogs.

21 Rescue me from the mouth of the
lions;
save me from the horns of the wild
oxen.

22 I will declare your name to my
people;
in the assembly I will praise you.

23 You who fear the Lord, praise him!
All you descendants of Jacob,
honour him!
Revere him, all you descendants of
Israel!

24 For he has not despised or
scorned
the suffering of the afflicted one;
he has not hidden his face from him
but has listened to his cry for help.

25 From you comes the theme of my
praise in the great assembly;
before those who fear you I will
fulfil my vows.

26 The poor will eat and be satisfied;
those who seek the Lord will praise
him –
may your hearts live for ever!

27 All the ends of the earth
will remember and turn to the
Lord,
and all the families of the nations
will bow down before him,

28 for dominion belongs to the Lord
and he rules over the nations.

29 All the rich of the earth will feast
and worship;
all who go down to the dust will
kneel before him –
those who cannot keep themselves
alive.

30 Posterity will serve him;
future generations will be told
about the Lord.

31 They will proclaim his
righteousness,
declaring to a people yet unborn:
He has done it!

Matthew 27:45-54

45 From noon until three in the
afternoon darkness came over all the
land. 46 About three in the afternoon
Jesus cried out in a loud voice, '*Eli,
Eli, lema sabachthani?*' (which means
'My God, my God, why have you
forsaken me?').

47 When some of those standing
there heard this, they said, 'He's
calling Elijah.'

48 Immediately one of them ran and
got a sponge. He filled it with wine
vinegar, put it on a staff, and offered
it to Jesus to drink. 49 The rest said,
'Now leave him alone. Let's see if
Elijah comes to save him.'

50 And when Jesus had cried out
again in a loud voice, he gave up his
spirit.

51 At that moment the curtain of the
temple was torn in two from top to

bottom. The earth shook, the rocks split **52** and the tombs broke open. The bodies of many holy people who had died were raised to life. **53** They came out of the tombs after Jesus' resurrection and went into the holy city and appeared to many people.

54 When the centurion and those with him who were guarding Jesus saw the earthquake and all that had happened, they were terrified, and exclaimed, 'Surely he was the Son of God!'

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Afternoon Tea at the Vicarage: *Who will you invite?*



Join us for an afternoon of food & fun in the Vicarage Garden (1 Cedar Rd. SO50 9NR) from **3:00 to 5:00pm on Sunday 30th August**. Everyone is invited, and we'd warmly encourage you to invite a friend or family member to join you. If possible, please bring a deckchair with you.

When You Pray...



We all need prayer! But please will you particularly hold the following church members in your prayers this week?

- ✳ Revd Oliver, Margaret P, Stuart A, David T, Dave S, Wendy I & Pete W are facing significant health challenges.
- ✳ Jeannie & family are away on a Christian camp - please pray they are mightily blessed.
- ✳ Naomi is on holiday. Pray that she, Tim & her family rest well.

As always, we'd love to see you at morning prayer:

- ✳ 8:45-9:30am each Tuesday in All Saints' (with coffee ☕)
- ✳ 9:00-9:30am each Thursday on ZOOM (click the link on the home page of our website: <https://www.eastleighparish.com/>)

Keep in Touch



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